

HELPING LOGISTICS WITH **H&S & OPERATIONAL REQUIREMENTS**

INTRO TO THIS GUIDE & HOW WE HELP SUMMARY



This guide includes an infographic that can be posted in key areas in your organisation to show PPE best practice and the risks.





We address the top 4 excuses for not wearing PPE and offer you the ideal product solutions.

HEALTH & SAFETY TOOL BOX TALKS



As part of our commitment to multi-site large organisations we offer H&S Toolbox Talks - making sure staff have the right equipment, feel safe and are engaged with H&S requirements.



We also work with you and our suppliers to make you aware of changes in legislation, and share the latest innovations in PPE.





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TOP 4 EXCUSES FOR NOT WEARING PPE & OUR SOLUTIONS



'PPE PREVENTS ME FROM DOING MY JOB FAST OR WELL'

This is a common factor for the lack of PPE worn. Whether it's a cumbersome mask that interferes with vision, gloves that don't provide the grip or dexterity required, a helmet that's too heavy, or footwear that restricts movement. Often these problems aren't conveyed to the employer, or the PPE is used as little as possible without being reported.

The fact is, there is the perfect PPE for every job, and HeathBrook's SMART PPE choices means this never needs to be an excuse again. Low-profile masks, lightweight and flexible safety shoes, fingerless or highly dexterous gloves etc...

CONFUSED WHICH PPE TO WEAR FOR WHICH JOB

It's the employers responsibility to match the correct PPE to the risk each different job presents. Will they need a different degree of cut-resistant gloves for one aspect, or a hi vis jacket for another?

Stop workers claiming ignorance as an excuse by:

- Placing posters near each different work zone showing the relevant PPE
- Providing handouts or checklists for each job
- Offering specific PPE training for each task. Specialist PPE training is often part of our service offer.

THE PPE IS MEN'S FIT, OR DOESN'T MATCH MY BELIEFS'

Offering only workwear and PPE designed for men is a common complaint, and thankfully one that's now been fully solved with the range of products available today.

One supplier LEO Workwear has gone so far as to create a whole new range of Women's hi vis clothing (including modesty tunics and maternity options). There's also ranges of women's safety footwear available, and adjustable glasses and masks that can adapt to a women's face.

With smarter choices, you can make everyone feel safe and included.

'THE TASK IS SO QUICK, NOT WORTH PUTTING PPE ON'

There's no other option than to wear the correct PPE whenever necessary, however quick the task at hand. Accidents can happen anytime and every second spent without protection is risking a serious accident, sometimes with tragic consequences.

It's easy to see how employees can become casual about the tasks they perform day after day, but it's your responsibility to educate and enforce the risks on them so no chances are taken. We can help you convey the importance of wearing PPE whenever required.

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HEAD TO TOE SUGGESTIONS FOR WAREHOUSE OPERATIVES & DRIVERS

EYE PROTECTION

If you're exposed to UV radiation, sprays/aerosols, chemicals, or work in a dusty environment, we would highly recommend you consider effective eye protection.



EAR PROTECTION

Staff working in a noisy surroundings should always wear ear protection to prevent loss of hearing. Ear plugs or ear defenders (which can sometimes double as communication systems, pictured SONIS COMMS from JSP) are both good options.

HAND PROTECTION

Special consideration needs to be paid to supplying the correct grade of hand protection for each task, as fingers can be easily injured - whether you're moving boxes, handling machinery or anything in between. Traffi (pictured) have a unique traffic-light colour code method of identifying the protection of each glove at a glance.



Warehouse Operative Uniform

Hard Hat if applicable

- Beanie or baseball cap
- Ear & Eye protection if
- applicable
- Polo/T-shirt
- Fleece/Softshell Π
- Sweatshirt Waterproof bomber jacket \Box
- Hi-Vis waistcoat Π
- Hand protection Cargo Trousers/Shorts
- Π
- Safety Boots Thermal vest and leggings
- Π

HEAD PROTECTION

Especially important where there's a risk of falling objects, helmets are often specified for warehouse workers. There's many options available; visors, puncture-resistant, designed to cushion impact, or even illuminated (pictured)!



HI-VIS CLOTHING

For low-light warehouses, or where there's a chance of crossing paths with people operating forklifts or other equipment...hi-vis workwear is essential to stay safe and be seen at all times. Whether it's just a hi-vis waistcoat, or a full coverall depends on the risk involved.

Driver Uniform - Head To Toe

- Hard Hat if applicable Beanie or baseball cap
- Ear & Eye protection if Π
- applicable
- Π Polo/T-shirt
- □ Fleece/Softshell
- Sweatshirt
- Hi-Vis waterproof bomber
- Hi-Vis waistcoat Π
- Hand protection
- Cargo Trousers/Shorts
- Safety Boots Π Π
 - Thermal vest and leggings

FOOT PROTECTION

Suitable footwear is not only essential to protect the foot from falling objects, and stepping on anything sharp... More recent developments are also designed to reduce fatigue and bring a 'spring in your step'.

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UNDERSTANDING YOUR ISSUES & OFFERING SOLUTIONS

TRANSPORT WORKERS TAKE OFF MORE DAYS DUE TO ILLINESS THAN THE UK

The mean number of sick days per year in the UK is just 4.4, whereas transport workers take 11.4 days on average.

It is not just about Health & Safety at work, we know the importance of employee engagement to ensure employees are more likely to feel more committed to their job and the organisation. A SMART uniform and involving them in the process can help. We put employees at the centre of our implementation and continual service programme.

TRANSPORT AND LOGISTICS AT

ALMOST EVERY LEVEL Are experiencing



Transport and logistics at almost every level are experiencing labour shortages, with the demand for both supply chain managers and operatives outstripping the supply.

We offer solutions that don't result in large order requirements or long-lead times, we can also work with you on schemes to recycle almost new uniforms and offer probationary uniforms to save on costs.

THE SCARCITY OF CONTAINERS LED TO A SPIKE IN PRICING RISING FUEL PRICES CONTRIBUTING TO HIGHER COSTS.

We make sure uniform is not another heavy burden you have to manage. We look at ways to make savings in your current purchasing processes, so that these can be re-invested into PPE & uniforms that your employees want and will take care of.

We help you control costs through our online ordering and reporting processes. We can integrate our systems with yours to ensure the best possible delivery and storage service, as well as ensuring that individuals get exactly what they need individually packed and marked for their attention.

THE WORLD'S SUPPLY CHAIN IS MORE CIRCULAR The world's supply chain is broadly growing to become a lot more circular than linear.

The impact transport and logistics services have on our carbon footprint is significant. We offer sustainable solutions that can save you money and demonstrate your commitment to the environment.

APRIL 2022 UK LEGISLATION REGARDING PPE HAS CHANGED SIGNIFICANTLY

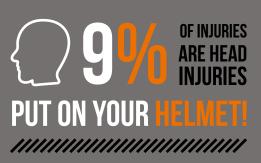
From April 2022 employers are now responsible for providing free PPE to Limb (b) workers as well as employees – i.e., contract workers. (for more info click here)

It isn't just about understanding your obligations and what PPE is needed it is about helping your staff to as well. We partner you in this. To help you further, we have produced a poster as part of this document to help you further.

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ARE YOU WEARING THE CORRECT PPE?

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Over 84% of head injuries could have been prevented by wearing head protection.

Hard hats give protection from falling objects, which are high risk in warehousing & logistics facilities

If your helmet is uncomfortable, broken in anyway or prevents you doing your job properly, report it to your manager

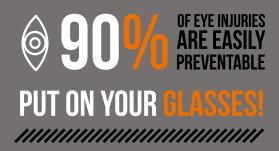
NV 25%

Not just any glove will do. If you're not sure which glove is required for which job, ask your manager or Health & Safety advisor.

Fingers can be easily injured, so whether you're moving boxes or handling machinery, make sure you're adequately protecting your hands wherever possible.



Safety footwear should be worn to protect your feet from falling objects, impacts, and sharp items underfoot. They can also reduce fatigue and relieve the stress on your feet from standing all day.



Wearing the correct eye protection can prevent injuries from exposure to UV radiation, sprays/aerosols and chemical splashes. They're also recommended for working in dusty environments.

OBSIS PREVENTABLE PUT ON YOUR EAR

Noise-induced hearing loss can be slow and subtle, but this doesn't mean it isn't happening!

If you're working in a high noise environment, you should always wear ear protection.



Remember to routinely check, replace or clean your PPE as recommended,

otherwise the protection may soon become ineffective.

If any of your PPE is uncomfortable, or not fit for purpose, consult your Health & Safety advisor about sourcing a more suitable alternative. Never suffer in silence or choose not to wear PPE...the choice could be fatal.



HOW HEATHBROOK CAN HELP

'PPE PREVENTS ME FROM DOING MY JOB FAST OR WELL'

We have many products specifically designed to overcome the hindrances traditional PPE often poses.



Touch-screen & highly

dextrous gloves



Multi-tasking,

lightweight headwear



Lightweight & flexible

safety footwear



Low-profile masks

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COMPANIES WE HELP

WITH PPE

Tuffnells











'THE PPE IS MEN'S FIT, OR DOESN'T MATCH MY BELIEFS'

We're glad to announce there's extensive ranges of Women's fit workwear & PPE available, alongside modesty and maternity options.





Women's hi vis ranges

Glasses which adapt to any facial shape

Women's fit safety shoes



44 YOU HAVE ALWAYS DELIVERED ON TIME AND THE INDIVIDUAL UNIFORM PACKAGE FOR EACH PERSON IS A GREAT BENEFIT AND ENSURES THAT EACH PERSON RECEIVES THE CORRECT ITEMS. **77**

JOHN, GENERAL MANAGER, LEADING EUROPEAN LOGISTICS COMPANY

LETS DISCUSS HOW WE CAN BE BECOME YOUR TRUSTED UNIFORM & PPE DEPARTMENTT: +44 (0)118 931 3200E: SALES@hbcw.co.ukW: <a href="https://doi.org/10.1001/1001/1001/1001/1001/1001/1001/1001/1001/1001/1001/1001/1001/1001/1001/1001/1